

*Welcome to the*



# **DELIVERING MIRACLES** *Program*



*Expectations for your birthing experience are as unique to you as your baby will be. Let St. Elizabeth's Mother Child Center provide a personalized care program for you and your new arrival.*

## ***Delivering Miracles Program at St. Elizabeth's***

At St. Elizabeth's, we are committed to "doing the work of angels." We believe in providing support before, during and after your delivery.

Enrollment in the Delivering Miracles Program is encouraged as soon as possible so that we can simplify your admission and personalize your nursing care.

Our goal is to give you a birthing experience tailored to your wishes. Around the 34th-36th week of your pregnancy, you will meet personally with our RN Pre-Admission Coordinator to complete the necessary paperwork and discuss health issues and nursing care preferences.

### **Individual Counseling Session -**

The Coordinator will also answer questions you may have regarding your labor and delivery, discuss pain management and post delivery planning.

**Private facility tour -** After the initial meeting you will receive a private tour of the Mother Child Center.

**Post-Delivery -** Our caring staff continues to provide support with a courtesy follow-up phone call to check on you and your baby. We also offer a breastfeeding support group, car seat safety education and lactation consultation services, if needed.

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**Downloadable registration available at [www.steliz.org/services/obstetrics and gynecology.php](http://www.steliz.org/services/obstetrics_and_gynecology.php) under Resources/Links.**

## It's easy to enroll.

To begin planning for the delivery of *your* miracle with us, fill out the form below and mail to:

**St. Elizabeth's Hospital  
Mother Child Center,  
Delivering Miracles  
211 South Third Street,  
Belleville, IL 62220**

Yes, please enroll me in the Delivering Miracles Program at St. Elizabeth's Hospital.

Please call me to set up initial meeting.  
The best time to contact me is \_\_\_\_\_

I will call to set up initial meeting.

Name: \_\_\_\_\_

Physician: \_\_\_\_\_

Due Date: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

If you have any questions call Heather Tomaszewski at 234-2120, ext. 2615. You may also email questions and/or registration form to [htomaszewski@sebh.org](mailto:htomaszewski@sebh.org).

## **Additional Classes available at St. Elizabeth's Hospital:**

A variety of classes are offered to meet your individual needs. Our experienced Mother Child staff presents classes on:

- **Prepared Childbirth**
- **Breastfeeding Fundamentals and Practical Problem Solving**
- **New Fathers Class**
- **Childbirth Refresher**
- **Sibling Preparation Class**

You are encouraged to register for as many classes as you desire. We recommend classes be taken around the 28th week of your pregnancy. As class size is limited, we recommend registering for classes early. Please note: those who deliver at St. Elizabeth's Hospital will be given priority.

A full Prepared Childbirth Class brochure is available for download at:  
[www.steliz.org/services/obstetrics\\_and\\_gynecology.php](http://www.steliz.org/services/obstetrics_and_gynecology.php)  
under Resources/Links.

## **More about St. Elizabeth's Hospital Mother Child Center**

We offer competent, compassionate staff complemented by the additional support of birth doula and the advanced technology of a Level II+ Special Care Nursery.

**Doula** - Our doula give one on one support during labor to provide additional comfort measures just when you need them most. For more information on the Doula Program, call Sarah Boyer at 618-234-2120, ext. 2300.

**Level II+ Special Care Nursery** - Should your child require intensive care, St. Elizabeth's Hospital has a board-certified neonatologist and 3 neonatal nurse practitioners on staff. As the only Level II+ Special Care Nursery between Springfield and Carbondale in Southern Illinois, we are equipped to care for infants as small as two pounds as well as those who may need breathing assistance.

For more information, please call Heather Tomaszewski at 234-2120, ext. 2615 or email her at [htomaszewski@sebh.org](mailto:htomaszewski@sebh.org)