

Pain Management

Nursing Orders

- Assess neurologic status
- Assess pain
- Assess for non-pharmacologic measures (positioning)

Medications

Mild Pain (Pain Score 1-3)

- Acetaminophen (Tylenol) tablets
 - 500-1000 mg PO q6h PRN for pain
 - 325 mg rectally q6h PRN for pain
- Ibuprofen 400-800 mg PO q6h PRN for pain
- Naproxen (Naprosyn) 500 mg PO q12h PRN for pain

Moderate Pain (Pain Score 4-7)

- Hydrocodone/acetaminophen (Vicodin) 5mg/325 mg tabs 1-2 tablets PO q4h PRN for pain
- Tramadol (Ultram) 50 mg 1-2 tablets PO q4h PRN for pain (not to exceed 400mg/day)
- Ketorolac (Toradol)
 - Patients < 65 y/o AND > 50 kg: 30 mg IV q6h PRN for pain (not to exceed a total of 5 days of therapy)
 - Patients ≥ 65 y/o OR < 50 kg: 15 mg IV q6h PRN for pain (not to exceed a total of 5 days of therapy)

Severe Pain (Pain Score 8-10)

- HYDROMorphone (Dilaudid) 2 mg PO q4h PRN for pain
 - HYDROMorphone (Dilaudid) 2mg/ml 0.25-0.5 mg IV q4h PRN for pain
 - Morphine (MSIR) tablets 15 mg q4h PRN for pain
 - Morphine 2mg/ml 2-4 mg IV q4h PRN for pain
 - OxyCODONE (Roxicodone) tablets 5 mg PO q4h PRN for pain
- Patient Controlled Analgesia (See PCA order sheet)

Antiemetics

- Ondansetron (Zofran)
 - 4 mg PO or SL q4h PRN for nausea
 - 4 mg IV q4h PRN for nausea
- Prochlorperazine (Compazine)
 - 5-10 mg PO q6h PRN for nausea
 - 5 mg IV q6h PRN for nausea/vomiting

NSAID induced gastrointestinal bleed prophylaxis

- Omeprazole (Prilosec) 40 mg PO daily for NSAID UGIB prophylaxis

Laxatives

- Senna and docusate sodium (Peri-Colace) 1 tablet PO BID PRN for constipation
- Polyethylene-glycol (Miralax) 17 gms dissolved in 8 ounces of water or juice PO daily PRN for constipation

Partial Opioid Reversal

- Naloxone (Narcan) 0.1-0.2 mg IV q 2 minutes as needed for opioid reversal

Physicians Signature _____ Date _____ Time _____

St. Elizabeth's Hospital
Belleville, Illinois
Pain Management Order Set
Form # 1484 Org. 2-10



N.04BD