

**GI (Esophageal/Gastroduodenal/Hernia)**

**Post-op**

**Admit To:**  Inpatient  Observation  
 Med-Surg  Telemetry  ICU

**Vital Signs & Monitoring**

q 15 mins x 1 hour, q hour x 3 and then  
 q4h  q8h

**Activity**

Bed rest  Up independently  
 Up to chair \_\_\_\_\_ times per day  
 Ambulate \_\_\_\_\_ times per day

**Interventions**

Measure intake & output  
 Discontinue indwelling urinary catheter within 24 hours of insertion unless order obtained to keep in.  
 Cardiac monitor  
 Remove NG/orogastric tube  
 Drain management bulb suction (if any)  
 SCDs/PAS: DC when ambulating  
 Below the knee Elastic Stockings  
Other \_\_\_\_\_

**Respiratory**

Incentive spirometry q hour while awake.  
Goal is 20 puffs/hour

**Diet**

NPO except ice chips  
 Clear liquid diet first meal, advance to full liquid diet & then advance to regular diet  
 Therapeutic diet, low fat  
 Therapeutic diet, diabetic \_\_\_\_\_ ADA

**IV Fluids**

Saline lock when taking PO well (flush per protocol)  
 IV soln \_\_\_\_\_ @ \_\_\_\_\_ ml/hr;  
KCl additive \_\_\_\_\_ mEq/L

**Medications**

• VERIFY HOME MEDICATIONS

**Analgesics - Oral**

acetaminophen (TYLENOL) 650 mg PO q4h PRN pain &/ or fever  
 oxycodone (OXY-IR) \_\_\_\_\_ mg PO q6h PRN pain  
 acetaminophen-hydrocodone (VICODIN) \_\_\_\_\_ tablet(s) PO q6h PRN pain

**Analgesics - IV**

morphine \_\_\_\_\_ mg IV q \_\_\_\_\_ hours PRN pain  
 hydromorphone (DILAUDID) \_\_\_\_\_ mg IV q \_\_\_\_\_ hours PRN pain

**Antacids**

MAALOX 15 mL PO q4h PRN indigestion

famotidine (PEPCID) 20 mg IV q12h

**Sedatives - Oral**

zolpidem (AMBIEN) 5 mg PO qHS PRN insomnia

**Antibiotics - IV**

• **Discontinue prophylactic antibiotics within 24 hours after surgery end time @ \_\_\_\_\_ unless infection noted.**  
 cefazolin (ANCEF) 1 gm IV q8h x 1 dose

**Antibiotics(B-lactam allergy) - IV**

clindamycin (CLEOCIN) 600 mg IV q6h x1 dose  
**\*\*AND\*\***  
levofloxacin (LEVAQUIN) 500mg IV q24h x1 dose

**Antibiotics: If infection suspected or noted must indicate reason, med, dose, route, and frequency below.**

\*Indication: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**Antiemetics - IV**

ondansetron (ZOFRAN) 4 mg IV q6h PRN nausea/vomiting

**DVT Prophylaxis**

enoxaparin (LOVENOX) 40 mg subQ daily  
 heparin 5,000 units subQ q8h

**Laboratory** (Indicate Schedule following the order)

CMP (CHEM 14)\_\_\_\_  BMP (CHEM 8) \_\_\_\_  
 CBC with diff \_\_\_\_\_  PT with INR \_\_\_\_\_  
 Amylase, serum \_\_\_\_\_  Lipase \_\_\_\_\_

**Consults**

Consult to \_\_\_\_\_

Reason: \_\_\_\_\_

**Provider Signature**

\_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

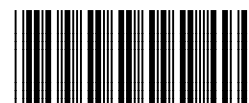
Patient Information

St. Elizabeth's Hospital  
Belleville, Illinois

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Post-op**

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