

**General Surgery Pre-Operative -DEBMGENSUR**

**Activity**

- Up independently (ad lib)
- Bed rest
- Bed rest with bathroom privileges

**Nursing**

- Confirm signed consent on chart for \_\_\_\_\_
- Anesthesia to write pre-op meds
  - Sequential compression pneumatic devices (SCDs) / Pulsatile Anti-Embolism System (PAS)
  - Elastic stockings, below the knee

**Patient/Caregiver Education**

- Deep-breathing & coughing exercises
- Incentive spirometry
- Wound care
- DVT prophylaxis

**Respiratory**

- Oxygen @ \_\_\_\_\_L/NC or \_\_\_\_\_FiO2

**Diet**

- NPO after midnight on \_\_\_\_/\_\_\_\_/\_\_\_\_
- Clear liquid diet  Full liquid diet

**Laboratory (If not done this admission)**

- CMP (CHEM 14) \_\_\_\_\_
- Type & screen \_\_\_\_\_
- PT with INR \_\_\_\_\_
- Pregnancy test, urine
- Urinalysis (UA) with reflex to culture \_\_\_\_\_
- BMP (CHEM 8) \_\_\_\_\_
- CBC with diff \_\_\_\_\_
- PTT \_\_\_\_\_
- Blood gas, arterial \_\_\_\_\_

**Diagnostic Studies (If not done this admission)**

- Avoid ordering routine pre-op chest radiographs
  - 12-lead ECG \_\_\_\_\_ (indication) \_\_\_\_\_
  - Cardiopulmonary exercise test

**IV Fluids**

- Saline lock (flush per protocol)
- \_\_\_\_\_@ \_\_\_\_\_ml/hr with \_\_\_\_\_mEq KCl

**Medications**

- VERIFY HOME MEDICATIONS

**Antibiotics (IV)**

- Pre-op antibiotic should be given in the Operating Room WITHIN ONE HOUR of surgical incision

- cefazolin (ANCEF) 1 gram IV x 1 dose
- metroNIDAZOLE (FLAGYL) 500 mg IV x1 dose
- ampicillin-sulbactam(UNASYN) 3 gm IV x1 dose
- cefoxitin (MEFOXIN) 2 gram IV x 1 dose
- ceftriaxone (ROCEPHIN) 1 gram IV x 1 dose
- ceftriaxone (ROCEPHIN) 2 gram IV x 1 dose

**Antibiotics if B-lactam Allergy**

- levofloxacin (LEVAQUIN) 500 mg IV x 1 dose
- clindamycin (CLEOCIN) 900 mg IV x 1 dose
- gentamicin (GARAMYCIN) 2 mg/kg IV x1 dose; DOSED PER PHARMACY by WEIGHT: \_\_\_\_\_kg
- metroNIDAZOLE (FLAGYL) 500 mg IV x1 dose
- vancomycin 1 gm IV x 1 dose

**Alpha-2 Receptor Agonists**

- clonidine 0.2 mg PO x1 in am of surgery

**Antacids**

- MAALOX 15 ml PO q4h PRN for indigestion
- famotidine (PEPCID) 20 mg IV q12h

**Cytoprotective Agents**

- sucralfate (CARAFATE)1 gm PO q6h

**Beta-Blockers**

- Patients undergoing noncardiac surgery who are currently on beta-blocker therapy &/or who are at high risk for coronary artery disease should receive a beta-blocker during the perioperative period
  - metoprolol 5 mg IV q6h PRN to achieve target heart rate of \_\_\_\_\_

**DVT Prophylaxis**

- enoxaparin (LOVENOX)40 mg subQ daily
- heparin 5,000 unit subQ q8h

**Consults**

- Consult to \_\_\_\_\_  
Reason: \_\_\_\_\_
- Consult to \_\_\_\_\_  
Reason: \_\_\_\_\_

**Provider Signature**

\_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

Patient Information

St. Elizabeth's Hospital  
Belleville, Illinois

**General Pre-Operative**

