

General Surgery Pre-Operative

- Confirm signed consent on chart for _____
- Anesthesia to write pre-op meds

Interventions

- Sequential compression pneumatic devices (SCDs) / Pulsatile Anti-Embolism System (PAS)
- Notify medical records to send results to primary care physician
- Elastic stockings, below the knee

Activity

- Up independently (ad lib)
- Bed rest
- Bed rest with bathroom privileges

Patient/Caregiver Education

- Deep-breathing & coughing exercises
- Incentive spirometry
- Wound care
- DVT prophylaxis

Respiratory

- Blood gas, arterial _____
- Oxygen @ _____ L/NC or _____ FiO2

Diet

- NPO after midnight on ____/____/____
- Clear liquid diet Full liquid diet

IV Fluids

- Saline lock (flush per protocol)
- _____ @ _____ ml/hr with _____ mEq KCl

Medications

- VERIFY HOME MEDICATIONS

Antibiotics (IV)

- **Pre-op antibiotic should be given in the Operating Room WITHIN ONE HOUR of surgical incision**
- cefazolin (ANCEF) 1 gram IV x 1 dose
- metronIDAZOLE (FLAGYL) 500 mg IV x1 dose
- ampicillin-sulbactam(UNASYN) 3 gm IV x1 dose
- cefoxitin (MEFOXIN) 2 gram IV x 1 dose
- ceftriaxone (ROCEPHIN) 1 gram IV x 1 dose
- ceftriaxone (ROCEPHIN) 2 gram IV x 1 dose

Antibiotics if B-lactam Allergy

- levofloxacin (LEVAQUIN) 500 mg IV x 1 dose
- clindamycin (CLEOCIN) 900 mg IV x 1 dose
- gentamicin (GARAMYCIN) 2 mg/kg IV x1 dose: DOSED PER PHARMACY by WEIGHT: _____kg
- metronIDAZOLE (FLAGYL) 500 mg IV x1 dose
- vancomycin 1 gm IV x 1 dose

Alpha-2 Receptor Agonists

- clonidine 0.2 mg PO x1 in am of surgery

Antacids

- MAALOX 15 ml PO q4h PRN for indigestion
- famotidine (PEPCID) 20 mg IV q12h

Cytoprotective Agents

- sucralfate (CARAFATE) 1 gm PO q6h

Beta-Blockers

- Patients undergoing noncardiac surgery who are currently on beta-blocker therapy &/or who are at high risk for coronary artery disease should receive a beta-blocker during the perioperative period
- metoprolol 5 mg IV q6h PRN to achieve target heart rate of _____

DVT Prophylaxis

- enoxaparin (LOVENOX) 40 mg subQ daily
- heparin 5,000 unit subQ q8h

Laboratory (If not done this admission)

- CMP (CHEM 14) _____
- Type & screen _____
- PT with INR _____
- Pregnancy test, urine
- Urinalysis (UA) with reflex to culture _____
- BMP (CHEM 8) _____
- CBC with diff _____
- PTT _____

Diagnostic Tests (If not done this admission)

- Avoid ordering routine pre-op chest radiographs
- 12-lead ECG _____ (indication) _____
- Cardiopulmonary exercise test

Consults

- Consult to _____
Reason: _____
- Consult to _____
Reason: _____

Provider Signature

Date _____ Time _____

Patient Information

St. Elizabeth's Hospital
Belleville, Illinois

General Pre-Operative

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Page 1 of 1

