


All orders are active unless:

1. Order is manually lined through to inactivate.
2. Orders with boxes are unchecked

### Interventions

#### Patient Education

- Education, activity
- Education, diet
- Education, smoking cessation 
- Education, weight monitoring
- Education, medications
- Follow-up appointment
- Education, fluid overload signs and symptoms

### Medications

- Verify Home Meds

#### Angiotensin-Converting Enzyme Inhibitors

- An angiotensin-converting enzyme inhibitor or angiotensin receptor blocker should be prescribed upon discharge to patients with an ejection fraction less than 40%
- CONTRAINDICATED: REASON**

captopril (CAPOTEN)

- 6.25 mg PO 3 times a day
- 25 mg PO 3 times a day

enalapril (VASOTEC)

- 2.5 mg PO 2 times a day
- 5 mg PO 2 times a day

lisinopril (PRINIVIL)

- 5 mg PO once a day
- 20 mg PO once a day

#### Aldosterone Antagonists

- Monitor serum potassium levels and creatinine clearance carefully, especially following initiation or change in aldosterone antagonist
- spironolactone (ALDACTONE)
  - 25 mg PO once a day

#### Angiotensin Receptor Blockers

losartan (COZAAR)

- 25 mg PO once a day
- 50 mg PO once a day

valsartan (DIOVAN)

- 40 mg PO 2 times a day
- 80 mg PO 2 times a day

### Anticoagulants

#### Vitamin K Antagonists

- For all patients without contraindications who have heart failure and chronic or documented paroxysmal atrial fibrillation, a vitamin K antagonist should be used warfarin (COUMADIN)
  - 2 mg PO once a day
  - 2.5 mg PO once a day
  - 5 mg PO once a day

#### Beta-Blockers

- A beta-blocker should be prescribed upon discharge to patients with an ejection fraction less than or equal to 40%
- carvedilol (COREG)
  - 3.125 mg PO 2 times a day
  - 6.25 mg PO 2 times a day, with meals
  - 12.5 mg PO 2 times a day, with meals
  - 25 mg PO 2 times a day, with meals
- metoprolol (TOPROL XL)
  - 12.5 mg PO once a day
  - 25 mg PO once a day
  - 50 mg PO once a day
  - 100 mg PO once a day

#### Cardiac Glycosides

digoxin (LANOXIN)

- 0.125 mg PO once a day
- 0.25 mg PO once a day

#### Diuretics

##### Loop Diuretics

furosemide (LASIX)

- 40 mg PO once a day

##### Thiazide Diuretics

metolazone (ZAROXYLON)

- 5 mg PO once a day
- 5 mg PO every other day
- 5 mg PO once a week

#### Nitrates

##### Oral Nitrates

isosorbide dinitrate (ISORDIL)

- 10 mg PO 2 times a day
- isosorbide mononitrate SR 30 mg 24 hr tab (IMDUR)
  - 1 tablet PO once a day
- isosorbide mononitrate SR 60 mg 24 hr tab (IMDUR)
  - 1 tablet PO once a day

\*\*\*This order set is not built in FAMIS\*\*\*

Patient Information

St. Elizabeth's Hospital  
Belleville, Illinois

## Heart Failure Discharge

Form # 1359

Org. 06/08, Rev. 6/09

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N.053T

**Transdermal Nitrates**

nitroglycerin transdermal film, extended release, 1 patch once a day

- 0.1 mg /hr
- 0.4 mg/hr

**Potassium Supplements**

potassium chloride extended release

- 10 milliequivalent PO once a day
- 20 milliequivalent PO once a day

**Vasodilators**

**Combination Agents**

isosorbide-hydrALAZINE

- 1 tablet PO 3 times a day

**Consults**

- For patients who are at high risk for clinical deterioration or hospital admission, a multidisciplinary disease management program should be used
  - Consult to cardiac rehabilitation
  - Consult to home health
  - Consult to social services

**Other Orders**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- Follow-up appointment

**Provider Signature**

\_\_\_\_\_  
**Date** \_\_\_\_\_ **Time** \_\_\_\_\_

 = Performance Measure