


All orders are active unless:

1. Order is manually lined through to inactivate.

2. Orders with boxes are unchecked

Interventions

Patient Education

- Education, activity
- Education, diet
- Education, smoking cessation 
- Education, weight monitoring
- Education, medications
- Follow-up appointment
- Education, fluid overload signs and symptoms

Medications

- Verify Home Meds

Angiotensin-Converting Enzyme Inhibitors

- An angiotensin-converting enzyme inhibitor or angiotensin receptor blocker should be prescribed upon discharge to patients with an ejection fraction less than 40%
- CONTRAINDICATED: REASON**

captopril (CAPOTEN)

- 6.25 mg PO 3 times a day
- 25 mg PO 3 times a day

enalapril (VASOTEC)

- 2.5 mg PO 2 times a day
- 5 mg PO 2 times a day

lisinopril (PRINIVIL)

- 5 mg PO once a day
- 20 mg PO once a day

Aldosterone Antagonists

- Monitor serum potassium levels and creatinine clearance carefully, especially following initiation or change in aldosterone antagonist
- spironolactone (ALDACTONE)
 - 25 mg PO once a day

Angiotensin Receptor Blockers

losartan (COZAAR)

- 25 mg PO once a day
- 50 mg PO once a day

valsartan (DIOVAN)

- 40 mg PO 2 times a day
- 80 mg PO 2 times a day

Anticoagulants

Vitamin K Antagonists

- For all patients without contraindications who have heart failure and chronic or documented paroxysmal atrial fibrillation, a vitamin K antagonist should be used warfarin (COUMADIN)
 - 2 mg PO once a day
 - 2.5 mg PO once a day
 - 5 mg PO once a day

Beta-Blockers

- A beta-blocker should be prescribed upon discharge to patients with an ejection fraction less than or equal to 40%
- carvedilol (COREG)
 - 3.125 mg PO 2 times a day
 - 6.25 mg PO 2 times a day, with meals
 - 12.5 mg PO 2 times a day, with meals
 - 25 mg PO 2 times a day, with meals
- metoprolol (TOPROL XL)
 - 12.5 mg PO once a day
 - 25 mg PO once a day
 - 50 mg PO once a day
 - 100 mg PO once a day

Cardiac Glycosides

digoxin (LANOXIN)

- 0.125 mg PO once a day
- 0.25 mg PO once a day

Diuretics

Loop Diuretics

furosemide (LASIX)

- 40 mg PO once a day

Thiazide Diuretics

metolazone (ZAROXYLON)

- 5 mg PO once a day
- 5 mg PO every other day
- 5 mg PO once a week

Nitrates

Oral Nitrates

isosorbide dinitrate (ISORDIL)

- 10 mg PO 2 times a day

isosorbide mononitrate SR 30 mg 24 hr tab (IMDUR)

- 1 tablet PO once a day

isosorbide mononitrate SR 60 mg 24 hr tab (IMDUR)

- 1 tablet PO once a day

This order set is not built in FAMIS

Patient Information

St. Elizabeth's Hospital
Belleville, Illinois

Heart Failure Discharge

Form # 1359

Org. 06/08, Rev. 6/09

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N.03VX

Transdermal Nitrates

nitroglycerin transdermal film, extended release, 1 patch once a day

- 0.1 mg /hr
- 0.4 mg/hr

Potassium Supplements

potassium chloride extended release

- 10 milliequivalent PO once a day
- 20 milliequivalent PO once a day

Vasodilators

Combination Agents

isosorbide-hydrALAZINE

- 1 tablet PO 3 times a day

Consults

- For patients who are at high risk for clinical deterioration or hospital admission, a multidisciplinary disease management program should be used
 - Consult to cardiac rehabilitation
 - Consult to home health
 - Consult to social services

Other Orders

- _____
- _____
- _____
- _____
- Follow-up appointment

Provider Signature

Date _____ **Time** _____

 = Performance Measure