



**St. Elizabeth's Hospital  
Marketing Department**

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FOR IMMEDIATE RELEASE

September 24, 2007

RE: **Free Depression Screening Event**  
**Thursday, October 11, 2007**  
St. Elizabeth's Hospital  
Belleville, Illinois

National Depression Screening Day is Thursday, October 11, 2007 and St. Elizabeth's Hospital Behavioral Healthcare Services will be offering Free Mental Health Screenings from 10 a.m. to 5 p.m.

For 17 years, National Depression Screening Day has helped reach community members with undetected and untreated mental disorders. Studies have shown that over 90% of people who die by suicide had one or more psychiatric disorders at the time and never received treatment.

This event intends to help educate members of the public and healthcare providers on the signs and symptoms of depression and suicide. This year's campaign, *Stop a Suicide Today*, helps individuals learn the signs and symptoms of depression and suicide; educates friends and family members on what to do if a loved one is at risk; and gives individuals the opportunity to talk to a mental health professional about their own or a loved one's situation.

Appointments for the event will include an informational video and a one-on-one, confidential meeting with a mental health professional. Call 618-234-2120, ext. 1338 to set an appointment or to request a packet of information about depression. Don't let depression go too far.

Additional resources: [www.nmha.org/go/depression-screening-day](http://www.nmha.org/go/depression-screening-day)

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