



HE MAY HAVE MORE THAN YOUR SENSE OF HUMOR.

Friends may say you have your father's nose, or his cheerful nature. But do you also have his heart? If you don't know, it's important you find out. Heart disease often runs in families. If it's in your family's history – and especially if your parents have had heart problems – you are at much greater risk yourself. There's nothing you can do about your genes. But there are steps you can take to help prevent

heart disease. The first is to make an appointment at Cardiology Consultants, a Belleville medical practice specializing in heart care. In working with St. Elizabeth's Hospital, your cardiologists can assess your specific risks and recommend strategies for keeping you heart-healthy and active for years to come. Do it today. Good heart health is a great thing to pass on to your family.



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