

FOR IMMEDIATE RELEASE:

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Orthopedic surgeon to discuss knee replacement surgery at November Lunch with the Doctor program

Belleville – Orthopedic surgeon Dr. Donald Johnston, will discuss Knee Replacement Surgery at the November Lunch with the Doctor program at SWIC-Programs and Services for Older Persons on **Thursday, November 17, 2011** at 11:30 a.m. To make a reservation, please call 234-4410, ext. 7015.

The most common reason for knee replacement in the United States is severe osteoarthritis of the knees. Patients have increasing pain and stiffness in their knees, which leads to limited daily function and mobility. Long-term benefits after surgery provide patients the ability to return to work and normal life activities, in most cases, though it is not immediate. Recovery may take anywhere from six to twelve months and includes rehabilitation therapy. In addition, the decision to have knee surgery must be considered carefully by patients and their physician.

Dr. Donald Johnston is board certified orthopedic surgeon who provides orthopedic surgical care and treats sports related injuries. Dr. Johnston received his medical degree from the College of Osteopathic at Kansas City University of Medicine and Bioscience. He currently provides quality care at the Center for Orthopedic Surgery and Sports Medicine

located on the main campus at St. Elizabeth's Hospital.

Lunch with the Doctor is a monthly, health education service provided by St. Elizabeth's Hospital. Seating is limited. Lunch starts at 11:30 a.m. and is provided by St. Clair County Office on Aging and St. Elizabeth's Hospital.

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