



**St. Elizabeth's Hospital
Marketing Department**

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FOR IMMEDIATE RELEASE

SEPTEMBER 21, 2009

**ST. ELIZABETH'S HOSPITAL CELEBRATES OCTOBER AS BREAST
HEALTH AWARENESS MONTH WITH EDUCATIONAL PROGRAMS
FOR THE COMMUNITY**

Belleville – October is Breast Health Awareness Month and St. Elizabeth's Hospital wants to remind all women aged 40 and over that now is the time to learn more about breast health and breast cancer, and to make an appointment for a mammogram.

St. Elizabeth's is dedicated to serving the healthcare needs of the community and is providing a full month of public educational programs to further enhance the knowledge and awareness on breast health issues. If you're worried about developing breast cancer, or if you know someone who has been diagnosed with the disease, one way to deal with your concerns is to get as much information as possible. Learn more at any or all of the upcoming programs:

October 1 Girl Talk, Taking Care of the Girls We Love

7:00pm St. Elizabeth's Hospital, Millennium Room

A program for pre-teen and teen girls, and the adult women in their lives. The program addresses young girls' fears, questions and

concerns about breast development and health. Seating is limited to 100 participants. *Call 618-234-2120, ext. 2135 for reservations.*

October 8 Lunch & Learn - Self Breast Exam How-To

12pm St. Elizabeth's Hospital, Millennium Room
Presented by Dr. Linda Camp of New Dimensions, Cosmetic and Reconstructive Surgery.

October 15 Lunch & Learn - Health Benefits of Breast Reduction

12pm St. Elizabeth's Hospital, Millennium Room
Presented by Dr. David Reid of New Dimensions, Cosmetic and Reconstructive Surgery

October 20 Lunch & Learn - Breast Reconstruction

12pm O'Fallon Public Safety Community Center,
285 N. Seven Hills Road, O'Fallon.
Presented by Dr. David Haymes of New Dimensions, Cosmetic and Reconstructive Surgery.
Call 618-235-8500 for reservations.

October 22 Pink Carnation Sale - \$1.00 each

8am-12pm Main Lobby & SIHI Lobby. All proceeds to benefit Friends of St. Elizabeth's Hospital and earmarked for Mammography/Breast Cancer programs.

October 22 "Celebration of Life" Service

12pm St. Elizabeth's Hospital, Chapel
All cancer survivors are invited to share in this celebration of life.

Visit steliz.org/calendar for a full listing of October Breast Health Awareness Month programs. St. Elizabeth's Hospital always strives to provide health programs to educate and inform the members of the communities we serve. Call 618-234-2120, ext. 1156 or ext. 1270 for more information on these events.