



*St. Elizabeth's Hospital*  
*Belleville, Illinois*  
*HSHS Medical Group*

Affiliates of Hospital Sisters Health System

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### **THIRD ORTHOPEDIC SURGEON JOINS CENTER FOR ORTHOPEDIC SURGERY AND SPORTS MEDICINE (COSSM)**

*Belleville, IL* – Hospital Sisters Health System Medical Group welcomes board-certified orthopedic surgeon Thomas Meyer, MD. He joins Dr. Donald Johnston and Dr. James Rushford at the Center for Orthopedic Surgery and Sports Medicine (COSSM) in Belleville.

Dr. Meyer graduated from Indiana University School of Medicine. He completed his general surgery internship and orthopedic surgery residency at the University of Minnesota Hospitals, and is a Fellow in the American Academy of Orthopedic Surgeons. He is currently accepting new patients.

Opened in 2008, COSSM combines orthopedic services and sports medicine to optimize patient care. The physicians treat musculoskeletal problems including injuries or degenerative diseases of the spine, knee, hip, shoulder, hands, feet or elbow. All three surgeons are board certified and experienced in all major area of orthopedics including general and pediatric orthopedics, fracture care, total joint replacement, carpal tunnel treatment, worker's compensation and more.

Not all injuries require surgery and therefore can be treated through bracing, injections and physical therapy prescribed by the sports medicine physicians. Should surgery be the best course of action, the surgeons at COSSM are certified by the American Osteopathic Board of Orthopedic Surgery and will provide innovative surgical solutions to orthopedic conditions.

Along with Dr. Meyer, the COSSM physicians include Dr. Rushford and Dr. Johnston in orthopedics, and Dr. Janiece Stewart, Dr. Tyler Wadsworth and Dr. Jay Noffsinger in Sports Medicine.

Call 618-641-5800 to make an appointment or for more information.

*Photo attached separately.*

Hospital Sisters Health System is a Roman Catholic health care mission founded to continue the healing ministry of Jesus Christ. Sponsored by the Hospital Sisters of St. Francis, HSHS is dedicated to serving all people, including the poor and the needy, at each of its 13 Local Systems in Illinois and Wisconsin. Hospital Sisters Health System provides state-of-the-art health care framed in traditional values taught by St. Francis and St. Clare of Assisi.

With over 14,000 staff, the HSHS hospitals in Wisconsin are located in Chippewa Falls, Eau Claire and Sheboygan, with two in Green Bay. In Illinois, the HSHS hospitals are located in Belleville, Breese, Decatur, Effingham, Highland, Litchfield, Springfield and Streator.

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